

# Vitality Interventions for Migrants

vitalityintervention.eu

# VIM Newsletter 4

**June 2019** 

#### Who is VIM?

VIM stands for Vitality Interventions for Migrants and is a 24-month project that aims to promote information on a healthy lifestyle among migrants and increase their confidence in using the health system of the receiving country. By this, the project aims to increase the European integration of migrants. Staying in good health, adopting healthy life styles and being informed about the health system of the host country as well as having confidence to make use of it are pre-requisites for successful integration of refugees and newly arrived migrants into their European host societies.

### **VIM Quality Badge**

The VIM partners have developed a Quality Badge for all those organisations that promote health education for migrants and want to show it to their clients, learners, other training providers, funding authorities, the broad society, and other interest groups.

The VIM Quality Badge is a tangible label designed to convey the engagement of adult educators and training providers that have embedded health prevention and health education elements in training courses with migrants in line with the VIM approach.

The Badge is designed to show the commitment of trainers and training providers to improve the overall health awareness and health care competences of migrants who participate in their courses and training activities.



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## Five good reasons to get the VIM Quality Badge

- Organisations that support migrants' health education can easily be recognised;
- Show other people of the community what the organisation's values are;
- Get in touch with new European organisations working with refugees and migrants;
- Promote a positive image of integration;
- Enrich your competences!

## **How to get the VIM Quality Badge?**

The VIM Quality Badge shall be awarded to those organisations that can demonstrate they meet some or all of the following criteria:

- Adaptation of the VIM approach: to embed health related issues in adult education training offers for migrants as a mean to promote better health, integration and social inclusion.
  - The VIM consortium has developed a set of training activities that
- Validating adult educators' competence developments to successfully facilitate health education.

The VIM Badge will be awarded through a validated self-assessment process in which organisations present a clear case for how they meet these criteria.

If you are interested to apply for the badge please use our submission form provided on our website: https://survey.bupnet.de/index.php/626359?lang=en

#### **VIM Final Conference – Save the date**

The VIM consortium is waiting for you in Athens on 10<sup>th</sup> of October, 2019, ...







The VIM consortium invites you to the final conference of the VIM project. The conference will be hosted by our Greek partner KMOP on 10<sup>th</sup> of October, 2019. Apart from presenting the main outcomes and lessons learnt in terms of implementing the easy-to use micro-learning and information units for health promotion, we will give space and time for discussions, exchanges, workshops, and networking, so that all participants can be part of the conference processes.

More information will be published soon on our website: https://vitalityintervention.eu

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# **Vitality Interventions for Migrants**



#### **Project Partners**



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Website

www.vitalityintervention.eu